

2010

DOWNTOWNERS RIP-ROARIN' RIBFEST ROAD RACES

2010

10K • 5K run/walk
Saturday, June 19, 2010



Race Course: Sertoma Park - Shelter 11

Registration: 7:00am, Saturday, June 19 2010

Race Time: 10K Run – 8:00am 5K Run – 8:05am 5K Walk – 8:10am

Questions: E-mail getit@downtownbismarck.com or contact the Downtowners Office at 223-1958

First Name: _____ M.I.: _____ Last Name: _____

Street Address: _____

City: _____ State: _____ Zip Code: _____

Age (As of June 19, 2010): _____ Sex: _____ Male _____ Female

E-mail Address: _____ Phone: _____

T-shirt Size (check one): Small Medium Large X-large XX-Large

Race (Check one): 10K Run 5K Run 5K Walk

Have you participated in Ribfest Road Races prior to this year? Yes No

Entry Fee: \$20 on or prior to June 10, 2010 \$25 after June 10, 2010 or at the gate

Payment: Make checks payable to **Downtowners Association**. Please mail check and entry form (*an entry from must be completed for each participant*) to the Downtowners Association, PO Box 521, Bismarck, ND 58502-0521 by **Friday, June 10, 2010**.

Release:

Your signature below is an agreement that (1) all information submitted is true; (2) participant fees are non-refundable; (3) you will indemnify and hold harmless the Downtown Business Association of Bismarck against any and all liabilities that may arise as a result of your participation in the Downtowners Rip-Roarin' Ribfest Road Races; (4) participation in a road race is a potentially hazardous activity; (5) you are medically able and properly trained; (6) you will abide by the race officials decisions for safe completion of the event; (7) you assume all risks associated with participating in this event including but not limited to: falls, contact with other participants, effects of weather including high heat, humidity and rain, traffic, conditions of the road, all such risks being known and appreciated by yourself. Having read this waiver, and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Downtown Business Association of Bismarck, its directors, officers, and staff, the city of Bismarck and its employees, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event.

Signature: _____ Date: _____

Parent Signature if under 18: _____